



Images of Easter

Bread



On the day before he was crucified Jesus had a special meal with his disciples. Christians call this The Last Supper. While they were eating Jesus took some bread and after saying a prayer he broke the bread and gave it to the disciples saying: 'This is my body, which is given for you; do this in memory of me.'

Your Task:

Make a loaf of soda bread

What you will need:



350g plain white flour

1/2 teaspoon salt

1 teaspoon bicarbonate of soda

250ml milk

1 tablespoon lemon juice or cider vinegar

1. Pre heat the oven to 180C/ 160C fan/ gas mark 4.
2. Dust a baking tray with flour.
3. Mix the flour, salt and bicarbonate of soda in a bowl.
4. Stir the lemon juice or vinegar into the milk.
5. Pour enough of the milk mixture into the flour mixture time to form a stiff dough.
6. Using your hands form the dough into a ball, place this on the baking tray. Use a sharp knife to cut a deep cross across the centre of the dough, this will help it to rise.
7. Bake for 30 minutes.

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