

**President's**

**Copy**



# **Morning Prayer**

*Good Friday and Holy Saturday*



## Morning Prayer

### The Preparation

O God, make speed to save us.

All **O Lord, make haste to help us.**

My trust is in you, O Lord.

All **I have said 'You are my God.'**

*One of the following is used*

Blessed are you, Lord God of our salvation,  
to you be praise and glory for ever.  
As a man of sorrows and acquainted with grief  
your only Son was lifted up  
that he might draw the whole world to himself.  
May we walk this day in the way of the cross  
and always be ready to share its weight,  
declaring your love for all the world.  
Blessed be God, Father, Son and Holy Spirit.

All **Blessed be God for ever.**

*or*

We adore you, O Christ, and we bless you,  
**because by your holy cross you have redeemed the world.**

**Holy God,  
holy and strong,  
holy and immortal,  
have mercy upon us.**

We glory in your cross, O Lord,  
and praise and glorify your holy resurrection:  
**for by virtue of the cross  
joy has come to the whole world.**

## The Word of God

### Psalm 22

- 1 My God, my God, why have you forsaken me, •  
and are so far from my salvation, from the words of my distress?
- 2 O my God, I cry in the daytime, but you do not answer; •  
and by night also, but I find no rest.
- 3 Yet you are the Holy One, •  
enthroned upon the praises of Israel.
- 4 Our forebears trusted in you; •  
they trusted, and you delivered them.
- 5 They cried out to you and were delivered; •  
they put their trust in you and were not confounded.
- 6 But as for me, I am a worm and no man, •  
scorned by all and despised by the people.
- 7 All who see me laugh me to scorn; •  
they curl their lips and wag their heads, saying,
- 8 'He trusted in the Lord; let him deliver him; •  
let him deliver him, if he delights in him.'
- 9 But it is you that took me out of the womb •  
and laid me safe upon my mother's breast.
- 10 On you was I cast ever since I was born; •  
you are my God even from my mother's womb.
- 11 Be not far from me, for trouble is near at hand •  
and there is none to help.
- 12 Mighty oxen come around me; •  
fat bulls of Bashan close me in on every side.

- 13 They gape upon me with their mouths, •  
as it were a ramping and a roaring lion.
- 14 I am poured out like water; all my bones are out of joint; •  
my heart has become like wax melting in the depths of my body.
- 15 My mouth is dried up like a potsherd; my tongue cleaves to my gums; •  
you have laid me in the dust of death.
- 16 For the hounds are all about me, the pack of evildoers close in on me; •  
they pierce my hands and my feet.
- 17 I can count all my bones; •  
they stand staring and looking upon me.
- 18 They divide my garments among them; •  
they cast lots for my clothing.
- 19 Be not far from me, O Lord; •  
you are my strength; hasten to help me.
- 20 Deliver my soul from the sword, •  
my poor life from the power of the dog.
- 21 Save me from the lion's mouth, from the horns of wild oxen. •  
You have answered me!
- 22 I will tell of your name to my people; •  
in the midst of the congregation will I praise you.
- 23 Praise the Lord, you that fear him; •  
O seed of Jacob, glorify him; stand in awe of him, O seed of Israel.
- 24 For he has not despised nor abhorred the suffering of the poor;  
neither has he hidden his face from them; •  
but when they cried to him he heard them.
- 25 From you comes my praise in the great congregation; •  
I will perform my vows in the presence of those that fear you.
- 26 The poor shall eat and be satisfied; •  
those who seek the Lord shall praise him; their hearts shall live for ever.

- 27 All the ends of the earth shall remember and turn to the Lord, •  
and all the families of the nations shall bow before him.
- 28 For the kingdom is the Lord's •  
and he rules over the nations.
- 29 How can those who sleep in the earth bow down in worship, •  
or those who go down to the dust kneel before him?
- 30 He has saved my life for himself; my descendants shall serve him; •  
this shall be told of the Lord for generations to come.
- 31 They shall come and make known his salvation, to a people yet unborn, •  
declaring that he, the Lord, has done it.

**All** **Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

### *Scripture Reading*

*The reading is followed by a time of silence.*

### **The Prayers or a Litany**

*One of these or another suitable response may be used*

Lord, in your mercy.	<i>or</i>	Lord, we come to the cross.
<b>Hear our prayer.</b>		<b>In your mercy, hear us.</b>

*Intercessions are offered  
for the day and its task  
for the world and its needs  
for the church and her life*

*or a litany may be used.*

With faith and love and in union with Christ,  
let us offer our prayer before the throne of grace.

Have mercy on your people,  
for whom your Son laid down his life. *R.*

Bring healing and wholeness to people and nations,  
and have pity on those torn apart by division. *R.*

Strengthen all who are persecuted for your name's sake,  
and deliver them from evil. *R.*

Look in mercy upon all who suffer,  
and hear those who cry out in pain and desolation. *R.*

Bring comfort to the dying,  
and gladden their hearts with the power of your glory. *R.*

Give rest to the departed and bring them, with your saints,  
to glory everlasting. *R.*

Let us commend the world, for which Christ died,  
to the mercy and protection of God:

*This or another Collect is said*

Most merciful God,  
who by the death and resurrection of your Son Jesus Christ  
delivered and saved the world:  
grant that by faith in him who suffered on the cross  
we may triumph in the power of his victory;  
through Jesus Christ our Lord.

*All* **Amen.**

Almighty Father, look with mercy on this your family  
for which our Lord Jesus Christ was content to be betrayed  
and given up into the hands of sinners and to suffer death upon the cross;  
who is alive and glorified with you and the Holy Spirit,  
one God, now and for ever.

*All* **Amen.**

Eternal God,  
in the cross of Jesus we see the cost of our sin and the depth of your love:  
in humble hope and fear may we place at his feet  
all that we have and all that we are,  
through Jesus Christ our Lord.

*All* **Amen.**

*The Lord's Prayer is said*

*All* **Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come; thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever.  
Amen.**

## **The Conclusion**

May God our Redeemer show us compassion and love.  
*All* **Amen.**

Let us bless the Lord.  
*All* **Thanks be to God.**

*Common Worship and Common Worship Times and Seasons  
and Common Worship Daily Prayer is copyright © Archbishops' Council 2000-2008*



**WAKEFIELD CATHEDRAL**  
*in the Diocese of Leeds*