

31 May 2026

Trinity Sunday

2 Corinthians 13 11-14 Matthew 28 16-20

“Therefore go and make disciples of all nations, baptising them in the name of the Father and of the Son and of the Holy Spirit”

Matthew 28 v19 (New International Version)

This week is Trinity Sunday when we reflect on the Holy Trinity. Christians believe in one God but that God is in three persons - God the Father, God the Son and God the Holy Spirit. Have you ever been to a Christening or a Baptism? During the service the priest will pour water over the person being baptised and will say “I baptise you in the name of the Father, and of the Son, and of the Holy Spirit.” Today’s gospel reading comes from the very end of St Matthew’s Gospel when Jesus tells his disciples to go out and tell everyone the good news of God. He also tells them that when they baptise people they are to do it in the name of the Trinity - Father, Son and Holy Spirit.

Today’s Activities:

- 1) Match the word to its meaning
- 2) Design a triptych



The Activities:

‘Tri’ means three. Match these tri words to their meanings.

triangle

A three legged stand for a camera.

trident

A 2d shape with three straight sides.

tripod

A pedalled vehicle with three wheels.

tricycle

A fishing spear with three prongs.

A triptych is a piece of art in three parts. Some churches have a triptych as part of their altar. Design your own Trinity Sunday triptych.

