Wakefield Cathedral

30 August 2026

Take up Your Cross

Romans 12 9-21 Matthew 16 21-28

Then Jesus said to his disciples, "Whoever wants to be my disciple must deny themselves and take up their cross and follow me." **Matthew 16 v24** (New International Version)

This weeks gospel reading carries on from last week's where Peter said that Jesus was the Son of God. Jesus tried to explain the disciples that he would suffer and die. Of course they didn't understand. They thought how could this happen to Jesus, after all he was God's son. Jesus wanted them to realise that following him would not be easy. He said that anyone who wanted to be his follower would have to take up their cross. Taking up our crosses means doing what God wants rather than what we want to do, it means always doing the right thing.

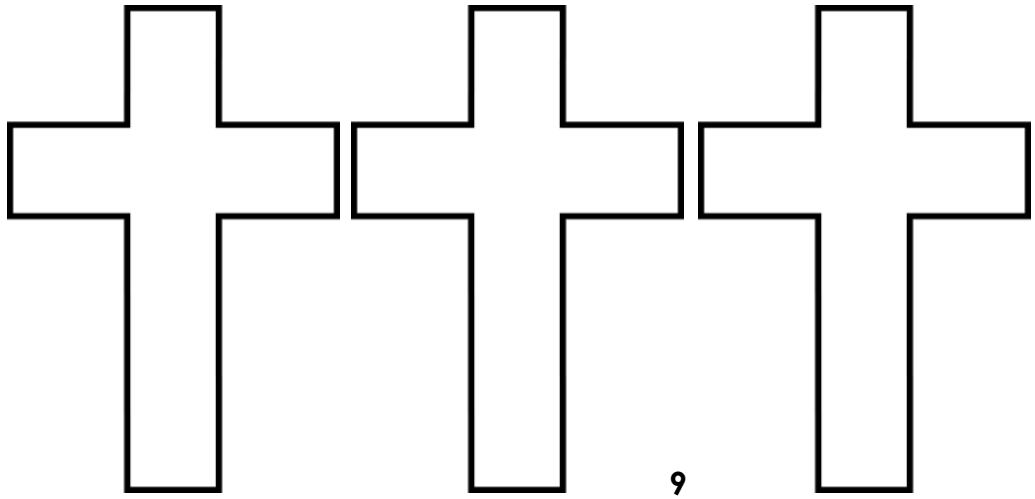
Today's Activities:

1) What do you think challenge
2) Dot to dot

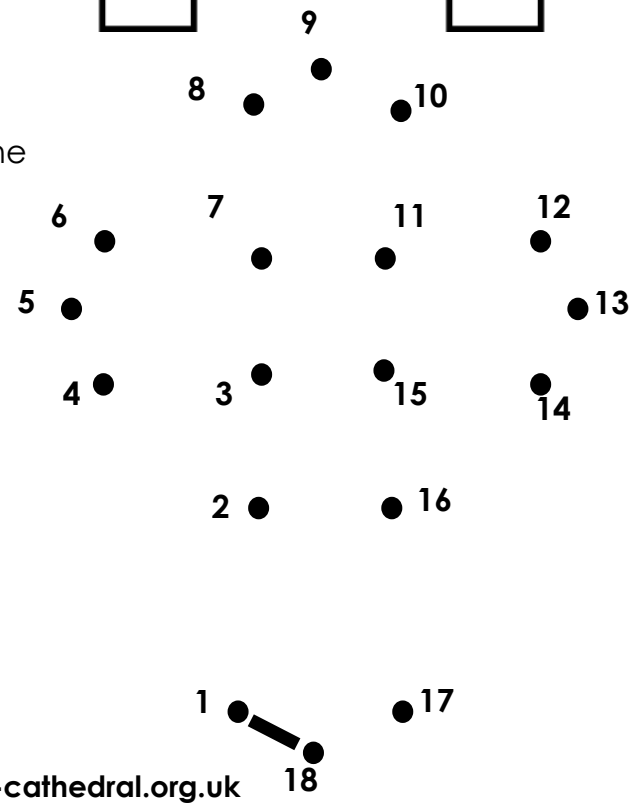
Wakefield Cathedral Learning & Outreach

The Activities

On the crosses write or draw ways a Christian might find It hard to follow Jesus.



Join the dots to finish the picture of the cross



gillian.bunn@wakefield-cathedral.org.uk